

**I REFUSE A SPIRIT OF FEAR IN JESUS' NAME. IT IS NOT FROM GOD. GOD HAS GIVEN ME POWER, LOVE AND A SOUND, DISCIPLINED MIND.**

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." 2 Timothy 1:7

**IN NOTHING AM I AFRAID, INTIMIDATED OR TERRIFIED. I AM CONSTANT AND FEARLESS IN CHRIST AND THIS IS A CLEAR SIGN OF THE ENEMY'S DESTRUCTION AND MY DELIVERANCE.**

"And do not [for a moment] be frightened or intimidated in anything by your opponents and adversaries, for such [constancy and fearlessness] will be a clear sign (proof and seal) to them of [their impending] destruction, but [a sure token and evidence] of your deliverance and salvation, and that from God." Philippians 1:28 AMPC

**I REFUSE TO FRET, WORRY OR HAVE ANY ANXIETY ABOUT ANYTHING! INSTEAD I BRING IT TO THE LORD IN PRAYER, WITH THANKSGIVING, KNOWING HE IS MY CARETAKER.**

"Do not fret or have any anxiety about anything, but in every circumstance *and* in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God." Philippians 4:6 AMPC

**I CAST EVERY CARE AND ALL WORRIES AND CONCERNS ON GOD. I PUT THEM IN HIS HANDS AND LEAVE THEM THERE ONCE AND FOR ALL, FOR HE IS TAKING CARE OF ME AND ALL THAT CONCERNS ME, SO I DON'T HAVE TO!**

"Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all on Him, for He cares for you affectionately *and* cares about you watchfully." 1 Peter 5:7

**I ONLY THINK ON WHAT IS TRUE, NOBLE, JUST, PURE, LOVELY, OF A GOOD REPORT AND WORTHY OF PRAISE. I REFUSE TO ALLOW MY MIND TO MEDITATE ON ANYTHING LESS THAN GOD'S BEST.**

"Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things." Philippians 4:8

**MY PATH IS BRIGHT AND MY FUTURE SHINES BRIGHTER AND BRIGHTER IN CHRIST. I WAKE UP REJOICING OVER MY FUTURE!**

"But the path of the just *is* as the shining light, that shineth more and more unto the perfect day." Proverbs 4:18

**GOD'S PLAN FOR MY LIFE IS COMPLETED, PREPARED AND WAITING FOR ME. I MOVE INTO GOD'S PLAN TODAY BY FAITH BECAUSE I BELIEVE HIS WORD AND EVERYTHING I NEED IS ALREADY PREPARED FOR ME!**

"... and this He said although [His] works had been completed *and* prepared [and waiting for all who would believe] from the foundation of the world." Hebrews 4:3b